

Meeting Today's Standards of Care

with

Medicaid Family Planning Programs

30+ states have Medicaid Family Planning Programs (MFPPs), partial benefit Medicaid programs that provide sexual and reproductive health (SRH) care to people with incomes too high to qualify for full-benefit Medicaid.

What MFPPs cover

Family Planning Services

Services intended to “prevent or delay pregnancy”¹ including contraceptive education and counseling, annual family planning visits for people of all genders that may include comprehensive patient history, a physical, and labs, and, at the state’s option, infertility treatment.²

Family Planning-Related Services

States may adopt reasonable definitions of the scope of family planning related services. They may include medical, diagnostic, and treatment services provided as part of or follow-up to a family planning visit. CMS has referenced “sound clinical practice” requirements when determining what family-planning related services can be covered by MFPPs.³

Recommendations for Family Planning-Related Service Coverage

States should regularly review and update their MFPP coverage to align with clinical standards and best practices for SRH care.

“Providing Quality Family Planning Services” (QFP) recommendations from the Office of Public Affairs identify service categories to provide as part of family planning visits.⁴



STI/HIV services⁵

Testing and treatment for STI and comprehensive HIV prevention. Offer coverage for pre- and post-exposure prophylaxis for HIV (all formularies of PrEP and PEP) and DoxyPEP for bacterial STI prevention. Cover as both medical and pharmacy benefits.



Family building & basic fertility care⁶

Screening for infertility, including physical exams and vital readings, thyroid exams, assessment for signs of androgen excess and semen analysis. Other tests including prolactin, estradiol, follicle-stimulating hormone, luteinizing hormone, progesterone, endometrial biopsy, sperm function testing, and laparoscopy.



Preventative health services⁷

Screening for chronic medical conditions (e.g. hypertension & diabetes). Immunizations (HPV, Hepatitis A & B, Mpox). Cancer screenings (breast, cervical, oropharyngeal, penis and scrotum, and testicular cancer. Mental health screenings (depression & anxiety). Screening and brief behavioral counseling and intervention for alcohol, tobacco, and substance use.

Because family-planning related services include “other medical diagnosis, *treatment*, and preventative services routinely provided pursuant to a family planning service,”⁸ states should include basic treatment drugs for conditions screened and diagnosed as part of the visit, including first-line medications for depression, and anxiety, substance use, hypertension, diabetes, and/or high cholesterol. With these treatments, patients can access care for many of the leading causes of pregnancy-related mortality and morbidity, helping to reduce maternal and infant health disparities by closing coverage gaps, a significant factor driving disparity.⁹

References:

- 1: Wachino, Vikki. United States Department of Health and Human Services, Centers for Medicare and Medicaid Services, *SHO # 16-008 Re: Medicaid Family Planning Services and Supplies*, June 14, 2016.
- 2: Mann, Cindy, United States Department of Health and Human Services, Centers for Medicare and Medicaid Services, *SMDL # 14-003 Re: Family Planning and Family Planning Related Services Clarification*, April 16, 2014.
- 3: Mann, *SMDL # 14-003*.
- 4: Romer, Sarah et al., “Providing Quality Family Planning Services in the United States: Recommendations of the U.S. Office of Population Affairs (Revised 2024),” *American Journal of Preventative Medicine* 67, no. 6S (2024): S41-S46, S60. doi: [10.1016/j.amepre.2024.09.007](https://doi.org/10.1016/j.amepre.2024.09.007).
- 5: Romer, et al., *Providing Quality Family Planning Services in the United States*, S41-46, S60-62. The majority of states with MFPPs, 27 out of 34, already cover testing and treatment for STIs, however a few do not cover STI *treatment*.
- 6: Romer, et al., *Providing Quality Family Planning Services in the United States*, S65-67.
- 7: Romer, et al., *Providing Quality Family Planning Services in the United States*, S70-74.
- 8: Mann, *SMDL # 14-003*.
- 9: Latoya Hill et al., “Racial Disparities in Maternal and Infant Health: Current Status and Key Issues,” KFF (Dec. 3, 2025), <https://www.kff.org/racial-equity-and-health-policy/racial-disparities-in-maternal-and-infant-health-current-status-and-key-issues/>.